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Handbook of Police Psychology—Jack Kitaeff 2019-06-11 The Handbook of Police Psychology features contributions from over 30 leading experts on the core matters of police psychology. The collection surveys everything from the beginnings of police psychology and early influences on the profession; to pre-employment screening, assessment, and evaluation; to clinical interventions. Alongside original chapters first published in 2011, this edition features new content on deadly force encounters, officer resilience training, and police leadership enhancement. Influential figures in the field of police psychology are discussed, including America’s first full-time police psychologist, who served in the Los Angeles Police Department, and the first full-time police officer to earn a doctorate in psychology while still in uniform, who served with the New York Police Department. The Handbook of Police Psychology is an invaluable resource for police legal advisors, policy writers, and police psychologists, as well as for graduates studying police or forensic psychology.

Policing and Psychology—Nicholas Blagden 2012-02-22 This book draws on a range of psychological theories, concepts and research to explore the role and relevance of psychology to modern day policing. It focuses on key issues including psychological theories of criminal behaviour; interpersonal skills, stereotyping and prejudice, profiling, the psychological effects of crime on victims, and burnout and stress on officers. The text is underpinned by reflective activities and case studies encouraging a critical understanding of psychology applied to policing practice. This book provides an accessible and up-to-date textbook for those studying and teaching policing, psychology and criminology.

Law Enforcement in the Age of Black Lives Matter—Sandra E. Weissinger 2017-12-29 This book examines policing policies and procedures in the era of Black Lives Matter. It argues that new training on the part of law enforcement can relieve further emotional and psychological harms caused to both law enforcement and communities of color.

Handbook of Police Psychology—Jack Kitaeff 2019-06-11 The Handbook of Police Psychology features contributions from over 30 leading experts on the core matters of police psychology. The collection surveys everything from the beginnings of police psychology and early influences on the profession; to pre-employment screening, assessment, and evaluation; to clinical interventions. Alongside original chapters first published in 2011, this edition features new content on deadly force encounters, officer resilience training, and police leadership enhancement. Influential figures in the field of police psychology are discussed, including America’s first full-time police psychologist, who served in the Los Angeles Police Department, and the first full-time police officer to earn a doctorate in psychology while still in uniform, who served with the New York Police Department. The Handbook of Police Psychology is an invaluable resource for police legal advisors, policy writers, and police psychologists, as well as for graduates studying police or forensic psychology.

Psychology and Policing—Neil Brewer 2013-06-17 Psychological theory and research have much to contribute to the knowledge and skill bases underpinning effective policing. Much of the relevant information, however, is dispersed across a variety of different psychological and criminal justice/policing journals and seldom integrated for those applied psychologists interested in policing issues or for police policymakers/administrators and others working in the criminal justice area who are not familiar with the psychological literature. Designed to accommodate the needs of these different groups, this book addresses both operational policing issues and issues relevant to the improvement of organizational functioning by providing integrative reviews of psychological theory and research that deal with effective policing. It illustrates how the theory and research reviewed are relevant to specific policing practices. These include eyewitness testimony, conflict resolution, changing the behavior, controlling criminal behavior, effective interviewing, and techniques of face reconstruction. The volume's readable style makes it accessible to a diverse audience including undergraduate and postgraduate students in forensic/organizational/applied psychology, criminal justice, and police science programs, and police administrators and policymakers. It will also interest psychologists whose primary focus includes policing and criminal justice issues. The book should draw attention to the often unrecognized and valuable contribution that mainstream psychology can make to the knowledge base underpinning a wide variety of policing practices.

Reducing Crime—Jerry Ratcliffe 2018-08-06 How do I reduce crime in my police command? How do I tackle chronic crime problems? How do I address the long-term issues that have plagued my community? How do I analyze crime and criminal behaviour? How do I show evidence of success in crime reduction? What works, what doesn’t, and how do we know? Providing answers to these questions and more, this engaging and accessible book offers a foundation for leadership in modern policing. Blending concepts from crime science, environmental criminology, and the latest research in evidence-based policing, the book draws on examples from around the world to cover a range of issues such as: how to analyze crime problems and what questions to ask, why the PANDA model is your key to crime reduction, key features of criminal behavior relevant to police commanders, the current research on what works in police crime prevention, why to set up systems to avoid surprises and monitor crime patterns, how to develop evidence of your effectiveness, forming a crime reduction plan, tracking progress, and finally, how to make a wider contribution to the policing field. Crammed with useful tips, checklists and advice including first-person perspectives from police practitioners, case studies and chapter summaries, this book is essential reading both for police professionals taking leadership courses and promotion exams, and for students engaged with police administration and community safety.

Disorders and Terrorism—United States. National Advisory Committee on Criminal Justice Standards and Goals 1976

Disorders and Terrorism—National Advisory Committee on Criminal Justice Standards and Goals, Task Force on Disorders and Terrorism 1976

Police Selection and Training—J. C. Yuille 2012-12-06 The New Police Officer During the past twenty years the tasks required of police officers have expanded and changed with dramatic rapidity. The tradi tional roles of the police had been those of law enforcement and the maintenance of public order. As a consequence police officers were typically large-bodied males, selected for their physical abilities and trained to accept orders and enforce the law. Over the past two decades, however, the industrialized nations have placed a variety of new demands on police officers. To traditional law enforcement and public order tasks have been added social work, mental health duties, and cOllluni ty relations work. For example, domestic disputes, violence between husbands and wives, lovers, relatives, etc., have increased in frequency and severity (or at least there has been a dramatic increase in reporting the occurrence of domestic violence). Our societies have no formal system to deal with domestic disputes and the responsibility to do so, in most countries, has fallen to the police. In fact, in some areas as many as 607. of calls for service to the police are related to domestic disputes (see the chapter in this text by Dutton). As a result the police officer has had to become a skilled social worker, able to intervene with sensi ti ve ty in domestic situations. Alternatively, in the case of West Germany, the officer has had to learn to work co-operatively with social workers (see the chapter by Steinhalper).

Policing Issues—Jeffrey Ian Ross 2011-02-09 Ideal for allied health and pre-nursing students, Alcamos Fundamentals of Microbiology, Body Systems Edition, retains the engaging, student-friendly style and active learning approach for which award-winning author and educator Jeffrey Pommerville is known. It presents diseases, complete with new content on recent
The State of American Policing: Psychology, Behavior, Problems, and Solutions—David J. Thomas Ph.D. 2018-11-09 Written by a veteran police officer and turned college professor, this modern-day study of American policing covers hot-button issues including police use of deadly force against and bias toward minorities. • Takes a multidisciplinary approach to the problem, covering police psychology, behavior, policy, and law. • Addresses the proliferation of violence in minority communities. • Examines the response of minority communities to police brutality and the shooting of unarmed Black men, in addition to the psychology of oppression within those communities. • Illustrates signs that a police agency is faltering, how a community becomes disenfranchised from police and the consequences for law enforcement efforts, and quality assurance measures that could reduce or remove the problems.

The Psychological Effects of Police Work—Philip Bonifacio 2013-11-21 SOME DISCLAIMERS It is somewhat unusual to begin a book by declaring what it is not, but the topic of police behavior is so complex that it requires the writer to state as early as possible the limits of what he has written here to describe and explain a police officer’s experience. In order for the reader to get a clear idea of what areas of police behavior are to be described, it is necessary to delineate those aspects of police behavior that are beyond the scope of this book. First of all, this book is about the psychological effects of police work on policemen: male police officers. Nearly all of the police officers with whom I have worked have been men, so my impressions and opinions are based on the experiences of police officers. Consequently, descriptions and explanations of the motivations, anxieties, psychological defenses, and resultant behavior of police officers must be limited to policemen. I believe that there are significant differences in the psychological effects of police work on men and women, but this book does not address this issue.

Moral Issues in Intelligence-led Policing—Helene Oppen Gundhus 2017-09-27 The core baseline of Intelligence-led Policing is the aim of increasing efficiency and quality of police work, with a focus on crime analysis and intelligence methods as tools for informed and objective decisions both when conducting targeted, specialized operations and when setting strategic priorities. This book critically addresses the proliferation of intelligence logics within policing from a wide array of scholarly perspectives. It considers questions such as: How are precautionary logics becoming increasingly central in the dominant policing strategies? What kind of challenge do we face with regard to the use of preparation and the use of preparatory acts mean for previous distinctions between crime prevention and crime detection? What are the predominant rationales behind the proactive use of covert cohesive measures in order to prevent attacks on national security? How are new technological means, increased private partnerships and international cooperation challenging the core nature of police services as the main providers of public safety and security? This book offers new insights by exploring dilemmas, legal issues and questions raised by the use of new policing methods and the blurred and confrontational lines that can be observed between prevention, intelligence and investigation in police work.

Police Brutality, Misconduct, and Corruption—James F. Albrecht 2017-09-14 This Brief provides a criminological typology for understanding and addressing police misconduct. Through examination of each major type of police misconduct, the author proposes future research directions to deter and prevent misconduct. According to an examination of 50 years of police misconduct cases within the New York Police Department (NYPD) and Los Angeles Police Department (LAPD), the author proposes five major typologies: police corruption, police criminality, excessive use of force, abuse of authority, and police misconduct. Through a systematic examination of each of these five types, the author aims to break down the nebulous topic of police behavior into manageable categories, with their own set of causes, and recommendations for detection and prevention. This work will be of interest for researchers in criminology and criminal justice, particularly with an interest in police studies, and related fields such as public policy and sociology. It will also be of interest for policymakers.

Proactive Policing—National Academies of Sciences, Engineering, and Medicine 2018-02-23 Proactive policing, as a strategic approach used by police agencies to prevent crime, is a relatively new phenomenon in the United States. It developed from a crisis in confidence in policing that began to emerge in the 1960s because of social unrest, rising crime rates, and growing skepticism regarding the effectiveness of standard approaches to policing. In response, beginning in the 1980s and 1990s, innovative police practices and policies that took a more proactive approach began to develop. This report uses the term “proactive policing” to refer to all policing strategies that have as one of their goals the prevention or reduction of crime and disorder and that are not reactive in terms of focusing primarily on uncovering ongoing crime or on investigating or responding to crimes that have already occurred. Proactive policing distinguishes from the everyday decisions of police officers to be proactive in specific situations and instead refers to a strategic decision by police agencies to use proactive police responses in a programmatic way to reduce crime. Today, proactive policing strategies are used widely in the United States. They are not isolated programs “used by a select group of agencies but rather a set of ideas that have spread across the landscape of policing. Proactive Policing reviews the evidence and discusses the data and methodological gaps on: (1) the effects of different forms of proactive policing on crime; (2) whether they are applied in a discriminatory manner; (3) whether they are being used in a legal fashion; and (4) community reaction. This report offers a comprehensive evaluation of proactive policing that includes not only its crime prevention impacts but also its broader implications for justice and U.S. communities.

Economic Development, Crime, and Policing—Frederic Lemyre 2014-12-04 The 22nd Annual Meeting of the International Police Executive Symposium was held in August 2012 at the United Nations Plaza in New York. Chaired by Dr. Garth den Heyer, the symposium focused on the links between economic development, armed violence, and public safety. Drawn from these proceedings, Economic Development, Crime, and Policing: Global P

The Psychology of Police Deadly Force Encounters—Laurence Miller 2020-02-11 The Psychology of Police Deadly Force Encounters: Science, Practice, and Police is a fascinating look into the reality of police work. The author integrates theory into a “street-wise” understanding of being a police officer. The focus of this book is on the use of deadly force by officers—a topic of considerable importance. The author discusses the psychosocial aspects of deadly force use, stemming from the individual officer, the situation, organizational influences, and the police culture. Expanding further into social issues, the controversial topic of race and use of deadly force is discussed. This aspect of the book offers a unique perspective on this important issue. Of interest, the author breaks down different dimensions of judgment as a factor in decision making among police, including the perception of the situation, the action taken depending on that perception, and the role of present and past memory. This will make for a useful tool for police agencies in understanding the processes that go into deadly force use—processes that they have the control to change to make a better decision. Next, the book delves into the biological factors that may be involved in police decision making—again where deadly force is involved. The various negative psychological impacts that a deadly force situation may bring about are identified and explained. This book will be useful as a tool for both law enforcement practitioners and researchers to better understand the intricacies of deadly force by the police. For researchers, the book has a multitude of references available for further exploration. It will prove to be a useful guide and reference volume for police managers and supervisors, mental health clinicians, investigators, attorneys, judges, law enforcement educators and trainers, rank and file police officers, including expert witnesses.

Psychology and Policing—Peter Amsworth 2012-12-06 Applied psychology has become increasingly important in the work of policing, police training and the academic study of crime. This book deals with a broad range of topics in a clearly written and highly accessible account of the way in which psychological principles and practices are applied to policing, reflecting the increasing attention being given to this area in the light of recent concerns about police training and its effectiveness - for example the MacPherson report. The book sets out the main areas of applied psychology that have relevance to both conventional and proactive policing, looking at how these impact in practice on police work - retrieving information, interviewing suspects, understanding crime patterns and profiling offenders, and negotiation and hostage taking. The author concludes with an assessment of the usefulness of psychology in police work, and the pitfalls and problems which arise with its use.

Issues and Controversies in Policing Today—Johnny Nhan 2019-02-20 Issues and Controversies in Policing Today fills a gap in the saturated general policing textbooks, that typically only cover some current issues in the back chapters and don’t go in-depth, by exploring underlying causes for
Policing and Race in America-James D. Ward 2017-12-27 This collection explores policing and race in relationship to political challenges, economic realities, and social ramifications. This is done through the use of evidence-based research and established best practices as presented in fourteen chapters written by accomplished scholars across various academic disciplines.

Australian Policing-Philip Birch 2020-11-29 This edited collection brings together leading academics, researchers, and police personnel to provide a comprehensive body of literature that informs Australian police education, training, research, policy, and practice. There is a strong history and growth in police education, both in Australia and globally. Recognising and reflecting on the Australian and New Zealand Policing Advisory Agency (ANZPAA) education and training framework, the range of chapters within the book address a range of 21st-century issues modern police forces face. This book discusses four key themes: Education, training, and professional practice: topics include police education, ethics, wellbeing, and leadership. Organisational approaches and techniques: topics include police discretion, use of force, investigative interviewing, and forensic science. Operational practices and procedures: topics include police and the media, emergency management, cybercrime, terrorism, and community management. Working with individuals and groups: topics include mental health, Indigenous communities, young people, hate crime, domestic violence, and working with victims. Australian Policing: Critical Issues in 21st Century Police Practice draws together theoretical and practical debates to ensure this book will be of interest to those who want to join the police, those who are currently training to become a police officer, and those who are currently serving. This book is essential reading for all students, scholars, and researchers engaged with policing and the criminal justice sector.

Stress: Concepts, Cognition, Emotion, and Behavior-George Fink 2016-03-10 Stress: Concepts, Cognition, Emotion, and Behavior Handbook in Stress Series, Volume 1, examines stress and its management in the workplace and is targeted at scientific and clinical researchers in biomedicine, psychology, and some aspects of the social sciences. The audience is appropriate faculty and graduate and undergraduate students interested in stress and its consequences. The format allows access to specific self-contained stress subsections without the need to purchase the whole nine volume Stress handbook series. This makes the publication much more affordable than the previously published four volume Encyclopedia of Stress (Elsevier 2007) in which stress subsections were arranged alphabetically and therefore required purchase of the whole work. This feature will be of special significance for individual scientists and clinicians, as well as laboratories. In this first volume of the series, the primary focus will be on general stress concepts as well as the areas of cognition, emotion, and behavior. Offers chapters with impressive scope, covering topics including the interactions between stress, cognition, emotion and behaviour. Features articles carefully selected by eminent stress researchers prepared by contributors representing outstanding scholarship in the field. Includes rich illustrations with explanatory figures and tables. Includes boxed call out sections that serve to explain key concepts and methods. Allows access to specific self-contained stress subsections without the need to purchase the whole nine volume Stress handbook series.

The Politics of the Police-Robert Reiner 2010-03-04 This fourth edition of Robert Reiner’s popular and highly-acclaimed text contains substantial revisions, to take into account the recent and profound changes in the law, policy and organisation of policing.


Policing and Public Management-Kevin Morrell 2018-07-17 Policing and Public Management takes a new perspective on the challenges and problems facing the governance of police forces across the UK and the developed world. Complementing existing texts in criminology and police studies, Morrell and Bradford draw on ideas from the neighbouring fields of public management and psychology to open the field up to a broader audience. This forms the basis for an imaginative reframing of policing as something that either enhances or diminishes “the public good” in society. The text focuses on two cross-cutting aspects of the relationship between the police and the public: public confidence and public order. Extending award-winning work in public management, and drawing on extensive and varied data sources, Policing and Public Management offers new ways of seeing the police and of understanding police governance. This text will be valuable supplementary reading for students of public management, policing and criminology, as well as others who want to be better informed about contemporary policing.

Introduction to Policing-Steven M. Cox 2018-11-29 Written and extensively updated by an author team that includes former and current law enforcement officers, Introduction to Policing focuses on the thought-provoking, contemporary issues that underscore the challenging and rewarding world of policing. The authors skillfully balance research and practice to offer readers an overview of both the foundations of policing and the expanded role of today’s police officers. Evolving with the modern realities of the field, the Fourth Edition discusses major new and ongoing impactful events, such as the political shift marked by the U.S. presidential election of 2016 and expanded coverage of women and minorities in policing. The accessible and engaging writing style, coupled with unique coverage of the issues of policing in multicultural communities, the impact of technology on policing and policing strategies and procedures, make this bestselling book a must-have.

POLICE TRAUMA-John M. Violanti 1999-01-01 The police fight a different kind of war, and the enemy is the police officer’s own civilian population: those who engage in crime, social indignity, and inhumane treatment of others. The result for the police officer is both physical and psychological battering, occasionally culminating in the officer sacrificing his or her life to protect others. This book focuses on the psychological impact of police civilian combat. During a police career, the men and women of police agencies are exposed to distressing events that go far beyond the experience of the ordinary citizen, and there is an increased need today to help police officers deal with these traumatic experiences. As police work becomes increasingly complex, this need will grow. Mental health and other professionals need to be made aware of the conditions and precipitants of trauma stress among the police. The goal of this book is to provide that impetus for action. The book’s perspective is based on the idea that trauma stress is a product of complex interaction of person, place, situation, support mechanisms, and interventions. To effectively communicate this to the reader, new conceptual and methodological considerations, essays on special groups in policing, and innovative ideas on recovery and treatment of trauma are presented. This information can be used to prevent or minimize trauma stress and to help in establishing improved supportive and therapeutic measures for police officers. Contributions in the book are from professionals who work with police officers, and in some cases those who are or have been police officers, to provide the reader with different perspectives. Chapters are grouped into three sections: conceptual and methodological issues, special police groups, and recovery and treatment. The book concludes with a set of issues and identifies future directions for conceptualization, assessment, intervention, and effective treatment of psychological trauma in policing.

Issues in Police and Criminal Psychology-Michael Braswell 1978

Police-Citizen Relations Across the World-Dietrich Oberwittler 2017-10-02 Police-citizen relations are in the public spotlight following outbursts of anger and violence. Such clashes often happen as a response to fatal police shootings, racial or ethnic discrimination, or the mishandling of mass protests. But even in such cases, citizens’ assessment of the police differs considerably across social groups. This raises the question of the sources and impediments of citizens’ trust and support for police. Why are police-citizen relations much better in some countries than in others? Are police-minority relations doomed to be strained? And which police practices minimize trauma stress and to help in establishing improved support and treatment? The book concludes with detailed research on issues and identifies future directions for conceptualization, assessment, intervention, and effective treatment of psychological trauma in policing.

Policing and Race in America-James D. Ward 2017-12-27 This collection explores policing and race in relationship to political challenges, economic realities, and social ramifications. This is done through the use of evidence-based research and established best practices as presented in fourteen chapters written by accomplished scholars across various academic disciplines.
Using a range of perspective, differing viewpoints, and controversial issues, many of the subjects previously addressed with regard to U.S. protocol concludes with a chapter comparing administrative issues in Australia with work, and the time criteria required for promotional consideration. It covers problematic issues such as officers accepting gratuities, undercover leaders in performing their duties more effectively and efficiently. The book considers the legal aspects of overseeing a public sector organization, as the authors cover a variety of contemporary issues surrounding police and traits of a politician, accountant, attorney, field lieutenant, and futurist, Administration examines the key topics that must be considered by law and understanding how the law shapes police practice, Handbook of Police time in history. Covering areas such as leadership in policing, use of force, and retain capable leaders to guide law enforcement agencies at this pivotal flexibility, innovative thinking, and the ability to foster and maintain predecessors. Heightened local and global threats, advanced technologies, administrators are forced to tackle challenges never faced by their figureheads of the most visible segment of criminal justice, today's police violence, police accountability, private security, and internationalization. In conclusion, the relations between the police and the public, and the place of the police in the political order are assessed. It is inter-disciplinary in approach using the academic literature in sociology, history, political science, criminal justice as well as the writings of police practitioners. The subject is placed in the context of international debates on policing, and the language used is free of jargon and the use, without explanation, of French terms. The bibliography and sources are a basic guide for further study of the subject.

The Psychology of Peacekeeping-Harvey J. Langholtz 1998 Langholtz examines how psychology and other social sciences can offer both theoretical explanations and practical applications in the resolution and amelioration of potentially violent international conflicts. Since the end of the Cold War and bipolar ideologies, the international community has been willing to intervene with approaches that are founded as much in psychology as in force and these remedies have not been confined to the violent periods of conflicts. This work examines psychological considerations and interventions during three phases of conflicts: preventive measures taken before a dispute escalates into war; psychological considerations once fighting starts; and psychological aspects of a return to a lasting peace.

Handbook of Police Administration-James Ruiz 2007-09-19 As figureheads of the most visible segment of criminal justice, today's police administrators are forced to tackle challenges never faced by their predecessors. Heightened local and global threats, advanced technologies, and increased demands for procedural transparency require new levels of flexibility, innovative thinking, and the ability to foster and maintain relationships within the community. It is more crucial than ever to recruit and retain capable leaders to guide law enforcement agencies at this pivotal time in history. Covering areas such as leadership in policing, use of force, and understanding how the law shapes police practice, Handbook of Police Administration examines the key topics that must be considered by law enforcement professionals. Recognizing that police leaders need the skills and traits of a politician, accountant, attorney, field lieutenant, and futurist, the authors cover a variety of contemporary issues surrounding police administration and management. Divided into five thematic sections, it considers the legal aspects of overseeing a public sector organization, as well as how research, technology, and training can assist modern police leaders in performing their duties more effectively and efficiently. The book covers problematic issues such as officers accepting gratuities, undercover work, and the time criteria required for promotional consideration. It concludes with a chapter comparing administrative issues in Australia with many of the subjects previously addressed with regard to U.S. protocol. Using a range of perspective, differing viewpoints, and controversial issues, Handbook of Police Administration provides a springboard to stimulate discussion at the cutting-edge of debate in the dynamic field of policing.

The Rowman & Littlefield Handbook of Policing, Communication, and Society-Howard Giles 2021-05-15 The Rowman & Littlefield Handbook of Policing, Communication, and Society brings together well-regarded academics and experienced practitioners to explore how communication intersects with policing in areas such as cop-culture, race and ethnicity, terrorism and hate crimes, social media, police reform, crowd violence, and many more. By combining research and theory in criminology, psychology, and communication, this handbook provides a foundation for identifying and understanding many of the issues that challenge police and the public in today's society. It is an important and comprehensive analysis of the enormous changes in the roles of gender in society, digital technology, social media, and organizational structures have impacted policing and public perceptions about law enforcement.

Critical Issues in Policing-Roger G. Dunham 1993 A reader to accompany the textbook Policing Urban America, the pair emphasizing the importance of involving community members in decisions concerning law enforcement, including tasks, objectives, and goals. Some articles have been updated from the 1997 third edition (first in 1989) and some new ones have been added. c. Book News Inc.

Policing a Safe, Just and Tolerant Society-Peter Villiers 2004 A ground-breaking work with international contributions, including from the USA (Edwin J Delattre, Boston University, William C Heffner, John Jay College New York, John Kleining, ditto, Alasdair MacIntyre, formerly Notre Dame, Indiana, Robert Panzerella, John Jay, Robert R Sullivan, John Jay) that looks at policing in the modern era - with all its threats to ordinary life.

Police in the Hallways-Kathleen Nolan 2011 Exposing the deeply harmful impact of street-style policing on urban high school students

Reflections of a Police Psychologist-Jack Digilani 2010-06-18 Reflections of a Police Psychologist is an account of the experiences, thoughts, and observations of a seasoned police veteran. It is written for police officers and those who would like a glimpse into the world of policing from the perspective of a former police officer and current police psychologist. Dr. Digilani discusses the major challenges facing those first entering police work. He addresses police field training and identifies the ten police field training pitfalls. The PATROL program, developed to assist new officers, is outlined. It involves an orientation and phase meetings between new officers and the staff psychologist to support them throughout field training. Dr. Digilani discusses how stress management becomes life management within the concepts of life-by-design and life-by-default. Inside the parameters of life management, a list of Some Things to Remember, functions as an instrument for transactional change. The issues related to traumatic stress and exposure are discussed. The insights presented originate out of years of treating officers exposed to traumatic events. The role of police peer support teams is examined. Models for a peer support team policy and operational guidelines are presented. There is also information relating to the confidentiality of peer support interactions, a topic of current controversy. Traumatic incident debriefings and their applications in policing are elucidated, along with phase and freeze-frame models of de briefing. Included is a discussion of the current efficacy research pertinent to traumatic incident debriefings. Police family issues and the Foundation Building Blocks of Functional Relationships are outlined. Various family patterns of interaction are identified, including information for families of traumatized officers. There is a discussion of coping with death and loss, a critical area for police officers. An exposition of mental illness and interacting with the mentally ill from a police perspective is presented. Toward the end of the book, the retirement transition is discussed. In retirement or separation from service, officers return to the civilian world. Some experience difficulty with this transition. Issues to consider before retirement are presented. The final chapter includes the general reflections and policing history of Dr. Digilani. These reflections include the insights that come only with years of policing experience in several police assignments, including that of staff psychologist. This is an excellent book for anyone interested in law enforcement, policing, and police psychology.